### **GROWTH MINDED COUNSELING & CONSULTING PRESENTS**

# MEN IN RELATIONSHIPS

Bi-weekly Hybrid Group Starting Friday, March 10th. Runs every other Friday from 9:45 - 10:45 am



Join Jason in an engaging 8-week group series focusing on men and their relationships. Romantic, familial, professional - all relationships are valid and welcome in this group! Come learn skills and hear differing perspectives in order to improve your relationships in a mutually supportive environment for all.

## OFFERED AT:

## Growth Minded

115 Bloomingdale Ave, Wayne, PA & online!

🗹 Attend online or in-person

- V Limited insurance plans accepted!
- ✓ Out of pocket cost: \$45/session



#### Jason Carter, LPC

Jason is a Licensed Professional Counselor (LPC) in Pennsylvania. At Growth Minded, he uses his experience to support clients, the community, and other colleagues as the Director of Relationship Services. He is also trained in Emotionally Focused Therapy (EFT) to support his work with couples.